

Occupational Therapy Blizzard Bag

Look at your OT schedule and see if you have OT today. If you do, go to your grade level and follow the directions to complete your activities. You only need to complete the activities if you would be having OT at school today. When you come back to school, bring in your work or a description on the activities that you completed. If there is another calamity day on your scheduled OT day, pick different activities to do from the lists below.

All Grade Levels

Dress warmly and pick two of the following activities:

- make snow balls and throw them a tree
- make snow angels
- build a snowman
- help shovel snow
- stomp shapes or patterns in the snow

Or complete the following grade activities:

Preschool

Choose one from each list:

- Put socks together
- Sort spoons and forks
- Wash a wall or window

- Tear paper and arrange it in a snowflake pattern
- Draw a picture full of snowflakes by drawing plus signs (+)
- Using your pointer finger, draw lines/shapes/patterns on the carpet or in shaving cream

Kindergarten

Choose one from each list:

- Wash a window or wall
- Play "Go Fish". Deal the cards to all the players and hold the cards in one hand when playing
- Fold towels

- Draw a snowman. Make sure your circles start at the top.
- Make a snowflake. Fold the paper in half and cut out the design.
- Draw a winter picture and write the title on it. Remember to hold your pencil correctly and start your letters at the top.

First Grade

Choose one from each list:

- Wash a window or wall
- Play "Go Fish". Deal the cards to all the players and hold the cards in one hand when playing.
- Fold towels or pants

- Draw a snowman. Make sure your circles start at the top. Make a rectangular hat and a triangular nose.

- Make a snowflake. Fold the paper in quarters and cut out the design.
- Draw a winter picture and write a sentence about it. Remember to hold your pencil correctly and start your letters at the top.

Second Grade

Choose one from each list:

- Wash a window or wall.
- Play "Go Fish". Deal the cards to all the players and hold the cards in one hand when playing.
- Fold towels or pants.

- Draw a snowman. Make sure your circles start at the top. Make a rectangular hat and a triangular nose.
- Make a snowflake. Fold the paper in quarters and cut out the design using some triangular cuts.
- Draw a winter picture and write two sentences about it. Remember to hold your pencil correctly, start your letters at the top and space between words.

Third Grade

Choose one from each list:

- Wash a window or wall
- Play "Go Fish". Deal the cards to all the players and hold the cards in one hand when playing.
- Fold towels, pants or shirts

- Draw a winter picture that includes at least one snowman. Make sure your circles start at the top. Make a rectangular hat, a triangular nose and circular buttons and eyes/nose.
- Make a snowflake. Fold the paper in quarters or eighths and then cut out the design using triangles and half circles.
- Write a winter story book of at least three pages. Draw pictures to illustrate each page. Remember to hold your pencil correctly, start your letters at the top, place letters on baseline, space between words and correctly size your letters.

Fourth Grade

Choose one from each list:

- Wash a window or wall
- Play "Go Fish". Deal the cards to all the players and hold the cards in one hand when playing.
- Fold towels, pants or shirts

- Draw a winter picture that includes at least one snowman. Make sure your circles start at the top. Make a rectangular hat, a triangular nose and circular buttons and eyes/nose.
- Make a snowflake. Fold the paper in quarters or eighths and then cut out the design.
- Write a winter story book of at least three pages. Draw pictures to illustrate each page. Remember to hold your pencil correctly, start your letters at the top, place letters on baseline, space between words and correctly size your letters.
- Make a memory game. Cut a piece of paper into an even number of pieces and put them into piles of two pieces each. Write winter words on the pieces-remember each word will be written twice. Play your new game.

Fifth Grade

Choose one from each list:

- Wash a window or wall
- Play "Go Fish". Deal the cards to all the players and hold the cards in one hand when playing.

-Fold towels, pants or shirts

-Draw a winter picture that includes at least one snowman. Make sure your circles start at the top. Make a rectangular hat, a triangular nose and circular buttons and eyes/nose.

-Make a snowflake. Fold the paper into quarters or eighths and then cut out the design.

-Write a winter story book of at least three pages. Draw pictures to illustrate each page. Remember to hold your pencil correctly, start your letters at the top, place letters on baseline, space between words and correctly size your letters.

-Make a memory game. Cut a piece of paper into an even number of pieces and put them into piles of two pieces each. Write winter words on the pieces-remember each word will be written twice. Play your new game.